

Singapore Office

24-Hour Helpline : (65) 6779 2777
Fax : (65) 6777 8065
Email : iplc@nhg.com.sg

Clinical Practice

Bipolar Illness

Bipolar illness is disabling and often recurrent illness with 40 to 60% chances of recurrence in first 5 years of recovery despite best available treatment. Bipolar clinic of this hospital provides comprehensive assessment, psychoeducation and self management programs to reduce this rate of recurrence. The facility is established from 1st Feb 2006 and provides for the needs of the patient as well as their relatives so that they collaborate closely to reduce the recurrences and relapses of the patient's illness.