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Clinical Practice

Holistic Approach for Care of a Chronic Psychiatric Disorder

Schizophrenia is a chronic debilitating disorder that impacts on the life of both our patients and their families. As high as 50% of the patients with schizophrenia have been reported to be incapacitated by their illness.

Our Psychosis Clinic aims to provide a holistic approach in managing patients not only in providing just medical treatment, but also coordinating the psychosocial intervention for our patients. These include family interventions that combine support and education about schizophrenia (psychoeducation) for both patients and family separately and conjointly. Liaison with external agencies also provides our patient with on site rehabilitation in their homes and potential work place. Patients who lack family and social support additional intensive case management help to link them to the current range of community support services available.

These programs not only help in reducing the severity/frequency of relapses and helping families cope better during relapses, it also helps reintegrate our patients into our society as valuable individuals.